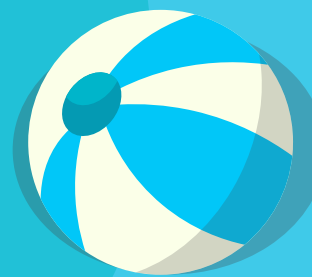
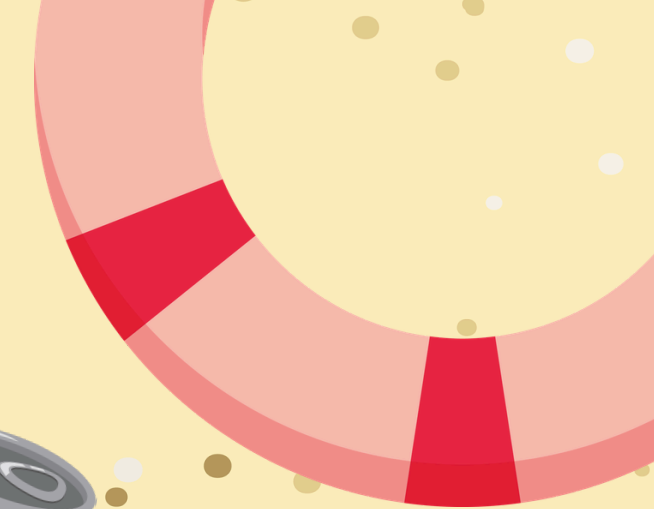


28-30 AUGUST 2026



FORTH PORTS

BIG FORTH CLEANUP



THE FIRTH OF FORTH

- The Firth of Forth is an estuary, connecting the River Forth to the North Sea.
- It stretches around the coastline of Edinburgh, Fife and East Lothian



THE FIRTH OF FORTH

- The Firth of Forth connects Scotland to the rest of the world through trade, and has been used since the medieval times.
- It is home to hundreds of different plants and animals.



Can you spot where you live on the map?



**WHAT LIVES IN THE
FIRTH OF FORTH?
CAN YOU GUESS?**



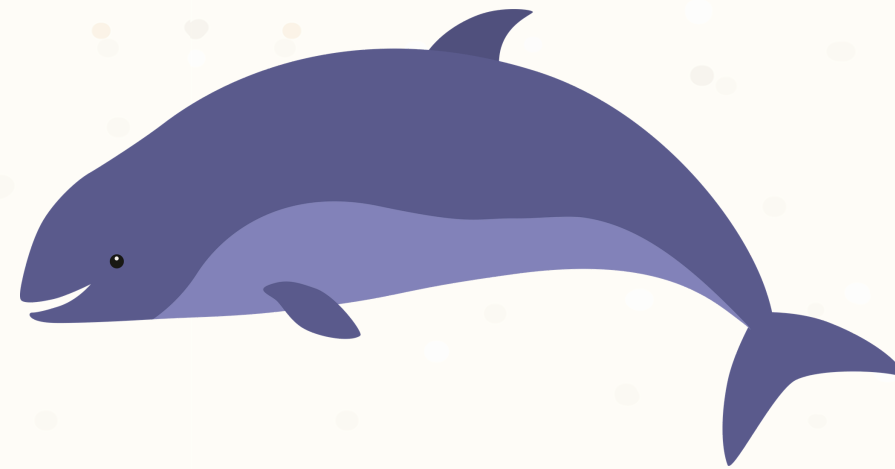
WILDLIFE IN THE FORTH



Puffin



Lobster



Porpoise



Gannet



Flounder



Jellyfish



Seal



Crab

WHAT'S THE PROBLEM WITH LITTER?

- Litter doesn't always stay where we leave it.
- 80% of beach and ocean litter starts its life on land.
- Common types of litter found on beaches are:
- Plastic bottles, food packets, cans, balloons, fishing line, lobster creels, nurdles

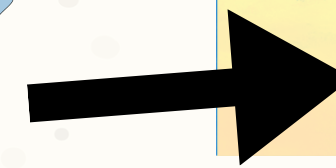
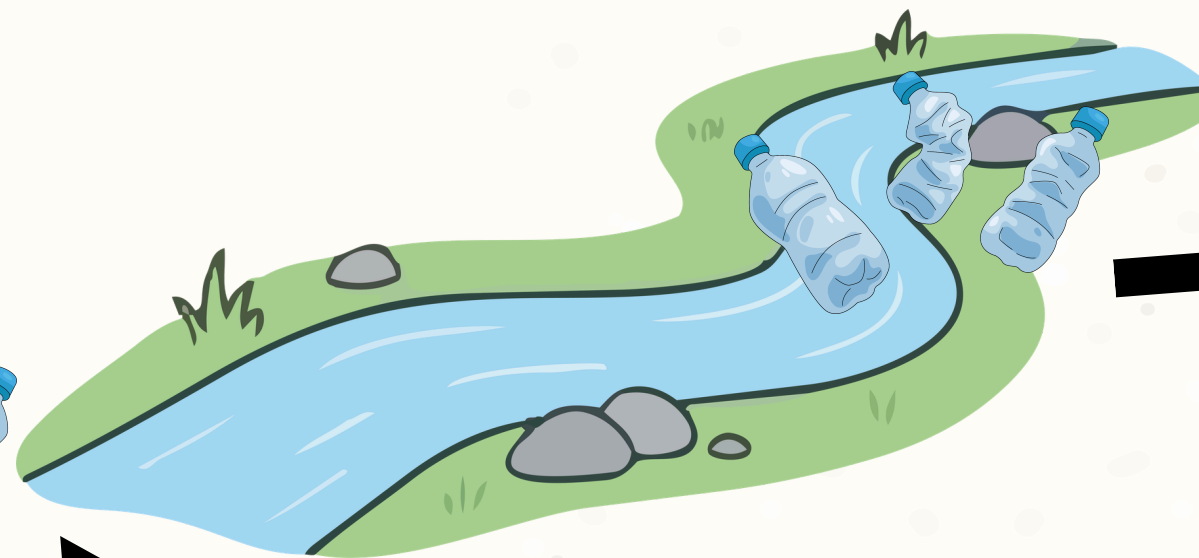
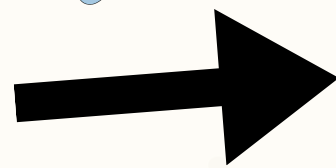
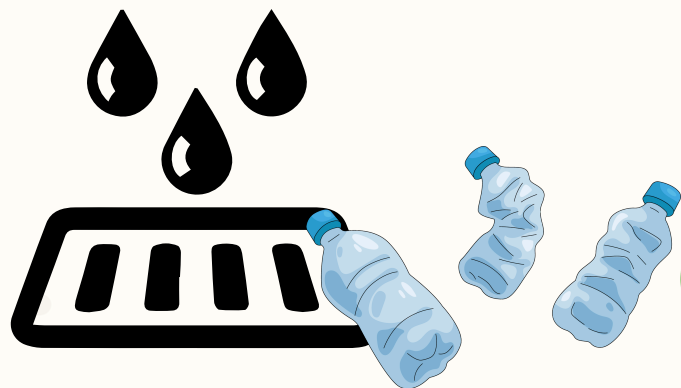
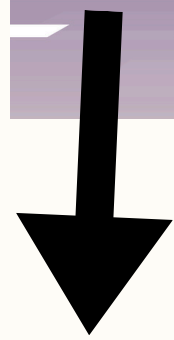
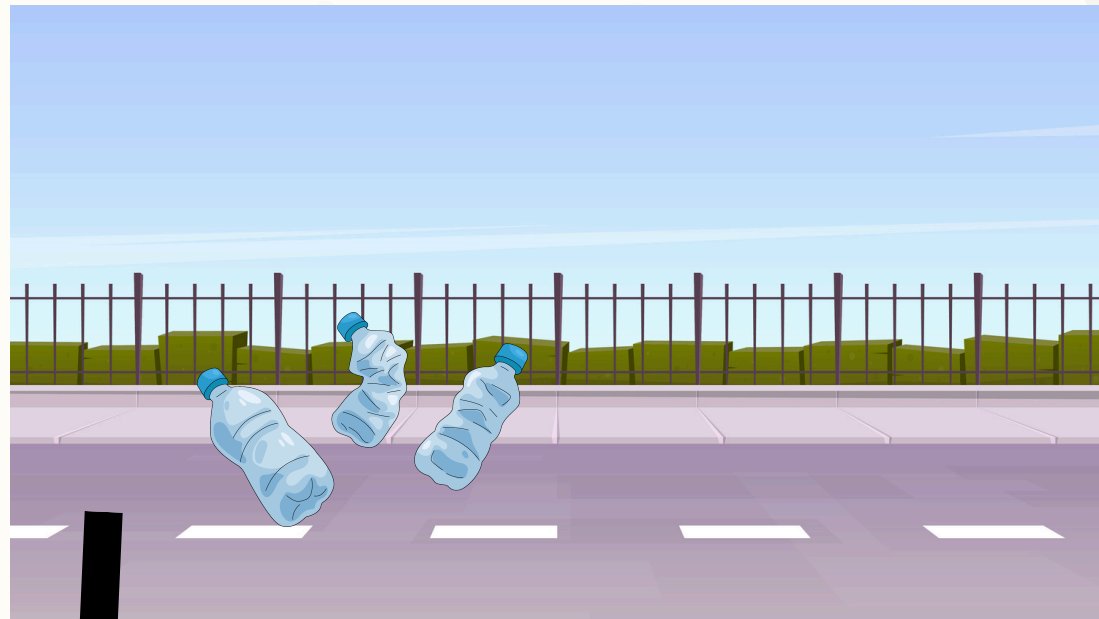


WHERE DOES LITTER GO?

- Wind, rain and tides can move rubbish surprisingly far.
- After storms and lots of rain, there can be more rubbish found on beaches than usual.



WHERE DOES LITTER GO?



The background is a vibrant beach scene. At the top, blue waves with white foam are depicted. Below the waves is a wide expanse of yellow sand, speckled with small brown and white dots representing pebbles or shells. In the bottom left corner, there is a pink starfish and an orange seashell. In the bottom right corner, there is another orange seashell. The central text is contained within a white, rounded rectangular box.

**HAVE YOU EVER FOUND
LITTER ON A BEACH?**

WHAT DID YOU FIND?

**WHAT DID YOU DO WITH
IT?**



HELP OUR WILDLIFE!

- Important wildlife species live in the Firth of Forth, and pollution negatively impacts them.
- It can physically harm them, trap them, or they can mistake litter for food, causing starvation.
- Pollution and litter on our beaches is a human-caused problem, so it's on us to solve it!





WHAT IS THE BIG FORTH CLEANUP?

28-30 AUGUST 2026



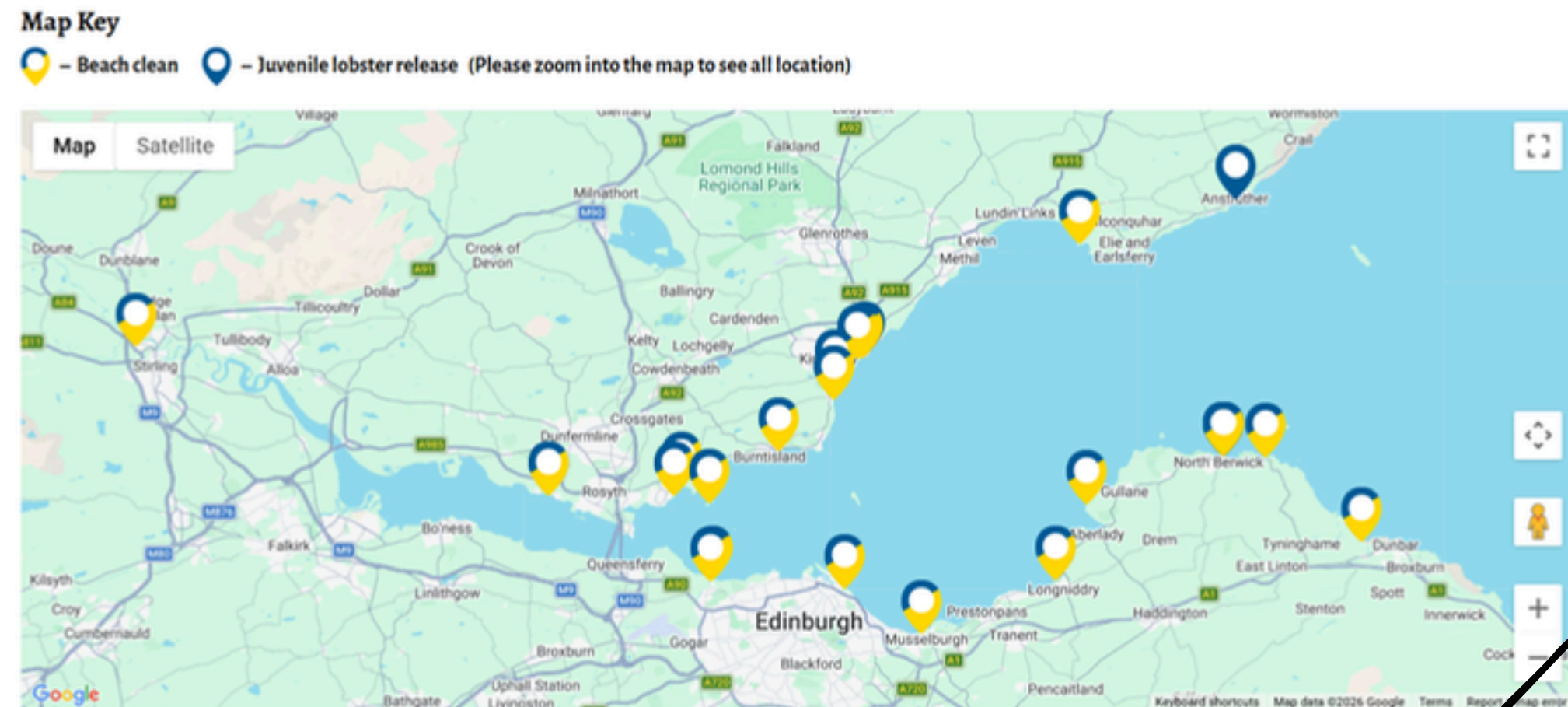
**BIG
FORTH
CLEANUP**

- We are asking communities to come together and clean as much of the Firth of Forth coastline as we can in one weekend!

CAN I HELP?



YES!



**PICK A BEACH USING OUR ONLINE
MAP, AND REGISTER ONLINE!**

HOW CAN YOU HELP?



- Join us this summer at the Big Forth Clean!
- Beach cleaning is a great way to get outside and enjoy the coast while also making a difference.
- Maybe you'll see some of the wildlife you're helping!



HOW TO BE A BEACH CLEAN HERO...

- Bring:
litter pickers, gloves, bags
- Wear sensible shoes and check the weather and tides!
- Go with an adult.
- Don't:
touch sharp objects or anything dangerous
disturb wildlife
- For more information on how to beach-clean safely and responsibly, go to Balanced Horizon's website.



WHAT ELSE CAN I GET INVOLVED WITH...

- On the Sunday 30th August, there will be 3 juvenile lobster releases at
 - North Berwick
 - Anstruther
 - Kirkcaldy



BABY LOBSTER RELEASES

- Lobsters are an important part of marine ecosystems.
- Forth Marine Hatchery is working to support wild European lobster populations.
- The releases will be open for the public to get involved with.



WE'LL SEE YOU THERE!

28-30 AUGUST 2026



BIG FORTH CLEANUP

